

Activity Report

Name of activity	BREAK THE SILENCE: PREVENT SUICIDE
Objectives of the activity (maximum 40 words)	Objective is to raise awareness about mental health and suicide prevention especially in the teenage period.
Organizing department/s	NSS Unit
Collaborative institute	-
Date (DD / MM / YYYY)	12/09/2023
Venue	Patanjali Auditorium
Mode	Offline
Details of Resource person (name, designation, institution)	Nil
Key Participants	NSS Volunteers
Remarkable outcomes/ key take-away messages (max. three)	<ul style="list-style-type: none"> Students learnt the signs of suicidal thoughts and mental health issues. Efforts to normalize conversations around mental health were made.
Details of participants	
Total Number	85
Outsiders	Nil
In-house	Faculty members: 9
	Non – NSS Students: Nil
	NSS Volunteers: 76 Male: 16 Female: 60
Additional information	Nil

Name of Coordinator/ teacher in-charge: Ms. Sayali Daptardar (NSS Programme Officer)

Two Geotagged photos:



Graphical Representation of Feedback:


